

Hypoglycemia

Description:	<ul style="list-style-type: none"> • Low blood glucose/sugar
Causes:	<ul style="list-style-type: none"> • Too much insulin • Missing meals • Intense exercises • Medications • Alcohol intake
Phases:	<ul style="list-style-type: none"> • Mild • Moderate • Severe
Manifestations:	<ul style="list-style-type: none"> • Change in mental status • Changes vision or speech • Sweating • Tremors
Diagnosis:	<ul style="list-style-type: none"> • Finger stick blood glucose/FSBG • Serum blood glucose • Clinical manifestations
Management:	<ul style="list-style-type: none"> • Provide a fast-acting carbohydrate • Glucagon • Dextrose

Patient Education:	<ul style="list-style-type: none">• Prevention• Symptoms• Treatment
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